

# Apple Muffins

## Ingredients

450g apples (diced)  
150g brown sugar  
2 eggs beaten  
75ml vegetable oil  
100g plain flour  
100g whole flour  
2 level teaspoons bread soda (sieved)  
2 level teaspoons ground cinnamon  
150g raisins  
75g chopped walnuts

## Method

1. In a large bowl toss together the diced apples and sugar.
2. Add the oil and eggs and mix well.
3. In a second bowl, mix together the flours, bread soda and cinnamon.
4. Add the flour mixture to the apple mixture and stir until just combined.
5. Stir in the nuts and raisins. **Do not over mix.**
6. Spoon into the muffin paper cases.
7. Bake for 25minutes at 180c.